

# 5th Grade Science

## Unit 1: Matter and Energy

**Lesson 1: Matter**  
 Matter is anything that has mass and takes up space.

**Lesson 2: States of Matter**  
 Matter can be a solid, liquid, or gas.

**Lesson 3: Energy**  
 Energy is the ability to do work.

**Lesson 4: Conservation of Energy**  
 Energy cannot be created or destroyed.



Diagram illustrating the relationship between matter and energy.

